

## THOMAS E. SMITH

### *EDUCATION*

1982	Ph.D.	University of Washington, Seattle, Washington
1978	M.S.W.	University of Washington, Seattle, Washington
1975	B.S.	University of Washington, Seattle, Washington

NPI: 1730614553

Telephone: 850-329-0569	(Google Voice)
Telephone: 850-692-6540	(CCR)
Telephone: 850-347-6800	(Smartline)
FAX: 850-765-2782	
Nextiva FAX: 850-807-7247	

### *CLINICAL CERTIFICATION*

**Licensed Clinical Social Worker, SW14389 (Florida)**  
**Qualified Supervisor, State of Florida**  
**Clinical Fellow**, American Association for Marriage and Family Therapy  
**Approved Supervisor**, American Association for Marriage and Family Therapy

### *ACADEMIC EMPLOYMENT EXPERIENCE*

Professor	1996 to 2020
Associate Professor	1989 to 1996
Visiting Associate Professor	1988 to 1989

School of Social Work  
Florida State University  
Tallahassee, Florida 32306

Associate Professor	1985 to 1989
Assistant Professor	1982 to 1985
Instructor	1981 to 1982

School of Social Welfare  
University of Wisconsin-Milwaukee  
Milwaukee, WI 53201

*CLINICAL EXPERIENCE*

Crossroads Counseling and Wellness, LLC 2017 to present  
2940 E. Park Ave., Suite #1  
Tallahassee, FL 32301

Provides individual, marital and family therapy to clients with comorbid disorders.

Lee's Place 2017 to 2018  
216 Lake Ella Dr  
Tallahassee, FL 32303

Provides therapy to clients who are experiencing grief, loss, and trauma.

Supervisor and Clinician 1988 to 1996  
Marriage and Family Therapy Clinic  
Florida State University  
Tallahassee, FL 32301

Provided marital and family therapy. Taught and supervised doctoral students

Director of Training and Research 1985 to 1989  
Family Therapy Training Institute  
Family Service of Milwaukee  
Milwaukee, WI 53208

Reorganized and directed a COAMFTE accredited postmasters' marriage and family therapy training institute. Provided therapy to individuals, couples, and families. Taught clinical seminars and consulted on research activity. Provided individual and group supervision of graduate students, and postgraduate interns and externs.

Pathfinders for Runaways 1985 to 1988  
Milwaukee, WI

Clinical consultation on residential and outpatient therapy provided to adolescent runaways and their families. Provided live supervision of staff.

*SCHOLARSHIP*

*BOOKS*

Smith, T. E. (2021). *Growing a private practice: Everyday financial therapy*. Seattle, WA: Southeastern Professional Books

Smith, T. E. & Shelton, V. M. (2021). *A primer on money & marriage*. Seattle, WA: Southeastern Professional Books.

Smith, T. E. (2021). *Dr. Smith's psychopathology lectures*. Seattle, WA: Southeastern Professional Books.

Smith, T. E., Shelton, V. M., & Richards, K. V. (2015). *More than numbers: Everyday financial therapy. Facilitator Guide*. Seattle, WA: Southeastern Professional Books

Smith, T. E., Shelton, V. M., & Richards, K. V. (2014). *More than numbers: Everyday financial therapy. Participant Workbook*. Seattle, WA: Southeastern Professional Books

#### SELECTED JOURNAL PUBLICATIONS

Shelton, V. M., Smith, T. E., & Panisch, L. S. (in press). Financial therapy with groups: a case of the Five Step model. *Journal of Financial Counseling and Planning*.

Smith, T. E., Richards, K. V., Panisch, L. S., & Shelton, V. M. (in press). Teaching financial problem solving: A curriculum model from a pilot BSW course. *Journal of Baccalaureate Social Work*.

Smith, T. E., Panisch, L. S., Malespin, T. & Pereira, M. G. (2017). Evaluating effectiveness of abstinence education. *Journal of Evidence-Informed Social Work*. 14, 360-367, DOI: 10.1080/23761407.2017.1340860.

Smith, T. E., Richards, K. V., Panisch, L. S., & Wilson, T. (2017). Financial therapy with families. *Families in Society* 98, 235-242. <https://10.1606/1044-3894.2017.98.38>

Smith, T. E., Williams, J. M., Richards, K. V., & Panisch, L. S. (2017). Online financial therapy. *Journal of Family Psychotherapy*. 29,106-121, DOI: [10.1080/08975353.2017.1368812](https://doi.org/10.1080/08975353.2017.1368812).

Bedard, L., Prost, S.G. & Smith, T.E. (2017). Civil citations for cannabis possession: Alternatives to arrest for adolescent substance use. *Child and Adolescent Social Work Journal*. <http://dx.doi.org/10.1007/s10560-016-0487-8>

Smith, T. E., Malespin, T., Richards, K. V., & Shelton, V. M. (2017). Financial therapy in foster care. *Journal of Human Behavior in the Social Environment*, 27(3),165-170. <http://dx.doi.org/10.1080/10911359.2016.1268553>

- Smith, T. E., Richards, K. V., & Shelton, V. M. (2016). Solution-focused financial therapy with couples. *Journal of Human Behavior in the Social Environment*, 26(5), 452-460. <http://dx.doi.org/10.1080/10911359.2015.1087921>
- Smith, T. E., Malespin, T. S., Pereira, M. G., & Richards, K. V. (2016). Factors relating to the use of family therapy with adolescent marijuana abusers. *Children and Adolescent Social Work Journal*. 33(3), 237-243. <http://dx.doi.org/10.1007/s10560-015-0417-1>
- Smith, T. E., Richards, K. V., & Shelton, V. M. (2016). Mindfulness in financial literacy. *Journal of Human Behavior in the Social Environment*, 26(2), 154–161. <http://dx.doi.org/10.1080/10911359.2015.1052914>
- Smith, T. E., Richards, K. V., & Shelton, V. M. (2016). The language of money. *Journal of Human Behavior in the Social Environment*, 26(2), 202-209. <http://dx.doi.org/10.1080/10911359.2015.1083503>
- Smith, T. E., Richards, K. V., & Shelton, V. M. (2015). Increasing financial health through casework interventions. *International Journal of Social Work*, 2(2), 69-80. <http://dx.doi.org/10.5296/ijsw.v2i2.7788>
- Nelson, R. J., Smith, T. E., Shelton, V. M., & Richards, K. V. (2015). Three interventions for financial therapy: Fostering an examination of financial behaviors and beliefs. *Journal of Financial Therapy*, 6(1), 33-43. <http://dx.doi.org/10.4148/1944-9771.1058>
- Smith, T., Atar, B., Ferreira, T., Valentine, P., & Pereira, M.G. (2015). Does dosage in abstinence education matter? *International Journal of Psychology and Neuroscience*, 1, 38-52.
- Smith, T. E., Shelton, V. M., Richards, K. V., Malespin, T., & Nelson, R. J. (2015). Sirens' call: Understanding poor financial decision-making and credit card misuse. *Journal of Human Behavior in the Social Environment*, 25, 897-906. <http://dx.doi.org/10.1080/10911359.2015.1039156>
- Smith, T., Atar, B., Ferreira, T., Valentine, P., & Pereira, M.G. (2014). Modeling abstinence education effectiveness. *International Journal of Psychology Research, & Therapeutics*, 1, 102-106.
- Randolph, K. A., Archuleta, A., Smith, T. E., & Teasley, M. (2013). Beliefs about alcohol use among youths during early adolescence. *Journal of Child and Adolescent Substance Abuse*, 22, 295-320.
- Smith, T. E., Valentine, P. V., Thyer, B. A. (2012). Gender effects in massage therapy. *Journal of Alternative Medicine Research*, 4(2), 87-96.

- Clem, J., Smith, T. E., & Richards, K. V. (2012). The effects of participation in a low-elements ropes course on alcohol and drug abstinence self-efficacy and group cohesion: A case study. *Research on Social Work Practice, 22*, 151-158. <http://dx.doi.org/10.1177/1049731511423672>
- Sells, S. P., Early, K. W., & Smith, T. E. (2011). Reducing adolescent oppositional and conduct disorders: An experimental design using *Parenting with Love and Limits*. *Professional Issues in Criminal Justice, 6*(3-4), 9-30.
- Pereira, M. G. & Smith, T. E. (2006). Evolution of the biopsychosocial model in the practice of family therapy. *International Journal of Clinical and Health Psychology, 6*(2), 455-467.
- Smith, T. E., Sells, S. P., Steen, J., & Rodman, J. (2006). Reducing adolescent substance abuse and delinquency: Pilot research of a family-oriented psychoeducational curriculum. *Journal of Child and Adolescent Substance Abuse, 15*(4), 105-115.
- Smith, T. E., Steen, J. A., Schwendinger, A., Spaulding-Givens, J., & Brooks, R. (2005). Gender differences in adolescent attitudes and receptivity to sexual abstinence education. *Children & Schools, 27*(1), 45-52.
- Mathiesen, S., Smith, T., Barbanell, L. D., & Graham, P. (2003). Web-based delivery of a Child Welfare Certificate Program. *Professional Development, 5*(2), 143-158.
- Smith, T. E., Steen, J., Spaulding-Givens, J., & Schwendinger, A. (2003). Measuring abstinence education: A critique and recommendations. *Evaluation of Health Professions, 24*, 128-147.
- Arnold, E., Smith, T. E., Harrison, D. H., & Springer, D. (2001). Adolescents' knowledge and beliefs about pregnancy: The impact of "ENABL". *Adolescence, 35*(139), 485-498.
- Valentine, P. V. & Smith, T. E. (2001). Evaluating *Traumatic Incident Reduction* (TIR) therapy with female inmates: A randomized controlled clinical trial. *Research on Social Work Practice, 11*(1), 40-52.
- Mayfield, E. L., Smith, T. E., Harrison, D. H., & Springer, D. W. (1999). The effects of an abstinence-based sex education program on middle school students' knowledge and beliefs. *Research on Social Work Practice, 9*(1), 10-24.
- Todahl, J., Smith, T. E., Pereira, G. A., & Barnes, M. (1998). Bibliotherapy and perceptions of death. *Journal of Poetry Therapy, 12*(2), 95-106.

- Smith, T. E., McInnis, M., Pereira, G. A., Sells, S. P., Todahl, J., & Barnes, M. (1997). Voices within family therapy: The life story of a practicum team. *Journal of Systemic Therapies, 16*(4), 341-360.
- Todahl, J. L., Linville, D., Smith, T. E., Barnes, M. F., & Miller, J. K. (1996). A qualitative study of collaborative health care in a primary care setting. *Families, Systems, and Health, 24*(1), 45-64.
- Smith, T. E., Yoshioka, M. & Winton, M. (1993). A qualitative understanding of reflecting teams I: Client perspectives. *Journal of Systemic Therapies, 12*(3), 29-45.
- Smith, T. E., Winton, M., & Yoshioka, M. (1992). A qualitative understanding of reflecting-teams II: Therapists' perspectives. *Contemporary Family Therapy, 14*(5), 419-432.
- Zygarlicki, S. & Smith, T. E. (1992). Alcoholism treatment and marriage and family therapists: An empirical study. *Contemporary Family Therapy, 14*(1), 75-88.
- Smith, T. E., Koob, J., & Wirtz, T. (1985). Ecology of adolescent marijuana abusers. *International Journal of the Addictions, 20*(9), 1421-1428.
- Smith, T. E. (1985). Groupwork with adolescent drug abusers. *Social Work with Groups, 8*, 55-64.
- Smith, T. E. (1984). Reviewing adolescents' marijuana abuse. *Social Work, 29*, 17-21.
- Smith, T. E. (1983). Reducing adolescents' marijuana abuse. *Social Work in Health Care, 9*, 33-44.

## BOOK CHAPTERS

The book chapters were written at the invitation of the editors of the respective volumes.

- Smith, T. E. & Springer, D. (1997). Treating chemically dependent children and adolescents. In C. Aaron McNece & D. DiNitto (Eds.). *Chemical dependency: A systems approach*. 2nd ed. New York: Prentice-Hall.
- Newfield, N., Sells, S. P., Smith, T. E. & Newfield, S. (1996). A clinical science for the humanities: Ethnographies in family therapy. In S. Moon & D. Sprenkle (Eds.). *Family therapy research methods*. New York: Guilford.
- Smith, T. E. (1994). Treating chemically dependent children and adolescents. In C. Aaron McNece & D. DiNitto (Eds.). *Chemical dependency: A systems approach*. New York: Prentice-Hall.

Smith, T. E. (1988). Alcohol and misuse: A systemic conceptualization for practitioners. In E. W. Nunnally, C. S. Chilman, & F. M. Cox (Eds.) *Mental illness, delinquency, addictions and neglect* (Vol. 4), pp. 69-87.